



SNOWDON - MINERS TRACK

OVERVIEW

The Miners Track provides a gradual, scenic approach passing Llyn Teyrn, Llyn Llydaw and Glaslyn before joining the Pyg Track for the final steep ascent. The lower section is accessible and steady, making it psychologically easier for mixed-ability groups — however, the final climb is steep and demanding.

KEY STATS



1,085m
SUMMIT HEIGHT



OL 17
OS MAP NUMBER



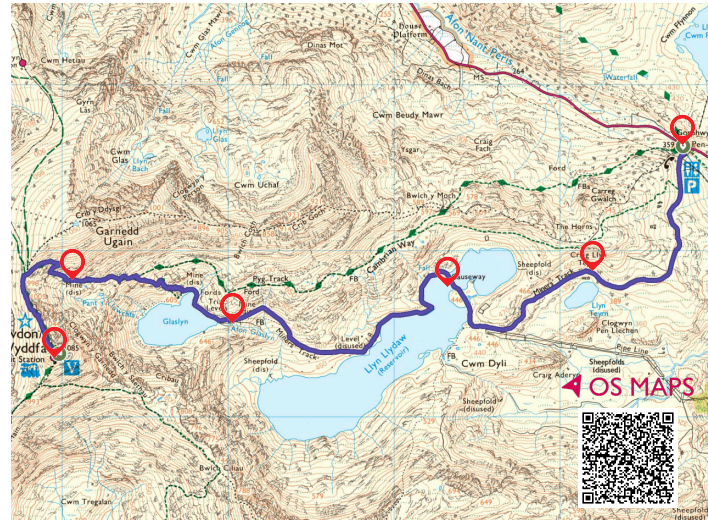
13km
DISTANCE



775m
HEIGHT GAIN



5-7 hours
DURATION



CHECKPOINTS (OS GRID REF)

CP	GRID REF	HEIGHT	LOCATION
CP1	SH 647 557	359m	Pen Y Pass
CP2	SH 641 548	400m	Llyn Teyrn
CP3	SH 633 548	440m	Llyn Llydaw Causeway
CP4	SH 619 546	600m	Glaslyn
CP5	SH 609 549	900m	Zigzag Ascent
CP6	SH 609 543	1,085m	Summit Plateau

ROUTE DESCRIPTION

From Pen y Pass, take the wide, initially gentle path heading south-east. The early section is comparatively flat and well-surfaced, making it one of the most gradual approaches to Snowdon.

The route passes the small Llyn Teyrn before reaching the larger Llyn Llydaw, where a stone causeway crosses the lake outlet at approximately 3 km (1.9 miles). This section is scenic.

Continuing south along the lake, the path gradually rises toward Glaslyn. At approximately 4.5 km (2.8 miles), the route reaches the base of the steep upper section.

From Glaslyn, the character of the walk changes significantly. The path steepens sharply, climbing a series of rocky zigzags and stone-pitched sections. This sustained ascent gains approximately 300 metres in a relatively short distance and requires steady pacing.

The Miners Track joins the Pyg Track above 900m. From here, follow the combined path toward the summit ridge, where the gradient eases slightly before reaching the summit plateau of Snowdon.

WEATHER RISKS



Wind Funneling on Pass



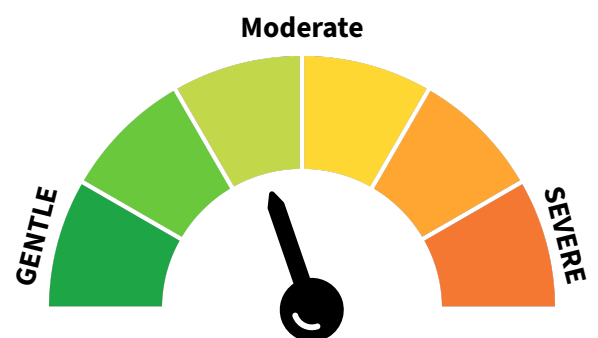
Summit Wind Doubles



Frequently Cloudy

HAZARDS + CONDITIONS

- Long Day
- Steep Final Ascent
- Rapid Weather Change
- Wind Exposure around Lakes
- Ice in winter
- Loose rocks



LEVEL OF DIFFICULTY