



# PEN Y FAN - HORSESHOE

## OVERVIEW

The Horseshoe route is one of the finest walks in South Wales, forming a circular traverse over Corn Du and Pen y Fan before descending back to Pont ar Daf. The paths are clear and well-used, but the ridges are exposed to strong winds and rapid cloud cover. This route is frequently underestimated due to its popularity.

## KEY STATS



**886m**  
SUMMIT HEIGHT



**OL 12**  
OS MAP NUMBER



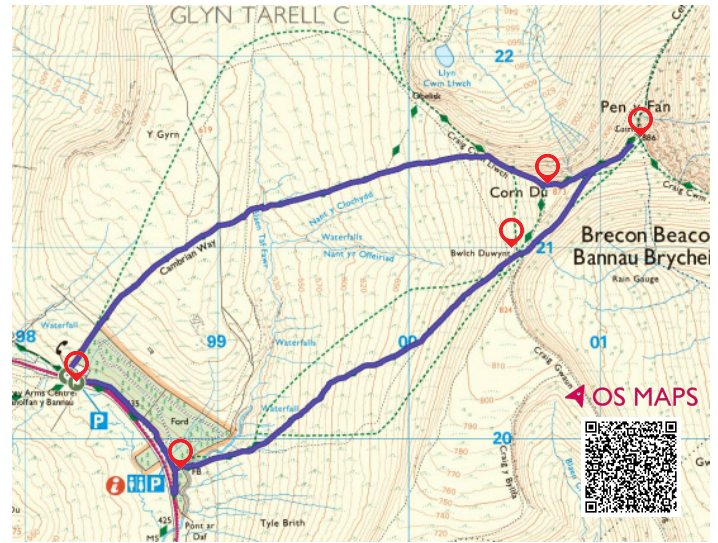
**8km**  
DISTANCE



**550m**  
HEIGHT GAIN



**4-5 hours**  
DURATION



## CHECKPOINTS (OS GRID REF)

CP	GRID REF	HEIGHT	LOCATION
CP1	SO 983 203	440m	Storey Arms
CP2	SO 007 213	873m	Corn Du
CP3	SO 012 215	886m	Pen Y Fan Summit
CP4	SO 006 209	820m	Bwlch Duwynt
CP5	SO 987 199	440m	Pont Ar Daf Carpark

## ROUTE DESCRIPTION




From Storey Arms car park, follow the Cambrian Way footpath north-east and begin the steady climb onto Corn Du.

The initial ascent is steep and continuous, climbing directly up a stone-pitched path toward the broad summit of Corn Du.

From Corn Du, follow the obvious ridge south-east to the highest point in South Wales — Pen y Fan. The ridge is broad but fully exposed to wind.

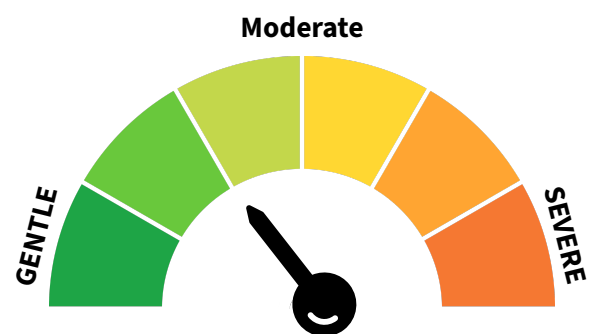
Turn back to head south-west taking the lower path beneath Corn Du descending toward Bwlch Duwynt before descending the footpath to Pont Ar Daf car park.

## WEATHER RISKS

-  Clouds Sit Around 700m
-  Rain Common
-  Muddy In Winter

## HAZARDS + CONDITIONS

- Crowds in Peak Season
- Queues Known at Summit
- Rapid Weather Change
- Wind Exposure
- Slippery Descent



## LEVEL OF DIFFICULTY