**Snowdon Hike - Kit List**

Personal Kit

Rucksack (at least 35 litres)

Rucksack liner (or bin bag to keep rain out)

Walking boots with ankle support

Comfortable, thick walking socks

Base layer/T-Shirt (Not cotton, ideally sports top)

Comfortable walking trousers (not jeans)

Hoody/Fleece

Waterproof jacket

Waterproof trousers

Warm hat for the summit

At least 1.5 litres of water (ideally in a reusable bottle)

Packed lunch/Sweets/Snacks

Personal medication

Camera/Phone (optional)

Trekking poles (optional)

Kit carried by staff

Mountain First Aid Kit

Emergency Group Shelter

Map and Compass

Emergency Phone + Power Pack

Emergency Rations