**Snowdon Hike - Kit List**

Personal Kit

[ ]  Rucksack (at least 35 litres)

[ ]  Rucksack liner (or bin bag to keep rain out)

[ ]  Walking boots with ankle support

[ ]  Comfortable, thick walking socks

[ ]  Base layer/T-Shirt (Not cotton, ideally sports top)

[ ]  Comfortable walking trousers (not jeans)

[ ]  Hoody/Fleece

[ ]  Waterproof jacket

[ ]  Waterproof trousers

[ ]  Warm hat for the summit

[ ]  At least 1.5 litres of water (ideally in a reusable bottle)

[ ]  Packed lunch/Sweets/Snacks

[ ]  Personal medication

[ ]  Camera/Phone (optional)

[ ]  Trekking poles (optional)

Kit carried by staff

[ ]  Mountain First Aid Kit

[ ]  Emergency Group Shelter

[ ]  Map and Compass

[ ]  Emergency Phone + Power Pack

[ ]  Emergency Rations